

Population Health: Health, Experience and Affordability

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Geisinger Health*

GEISINGER: INTEGRATED HEALTH SYSTEM



We care for patients

- 11 hospital campuses
- 253 clinic sites
- 3,000 providers



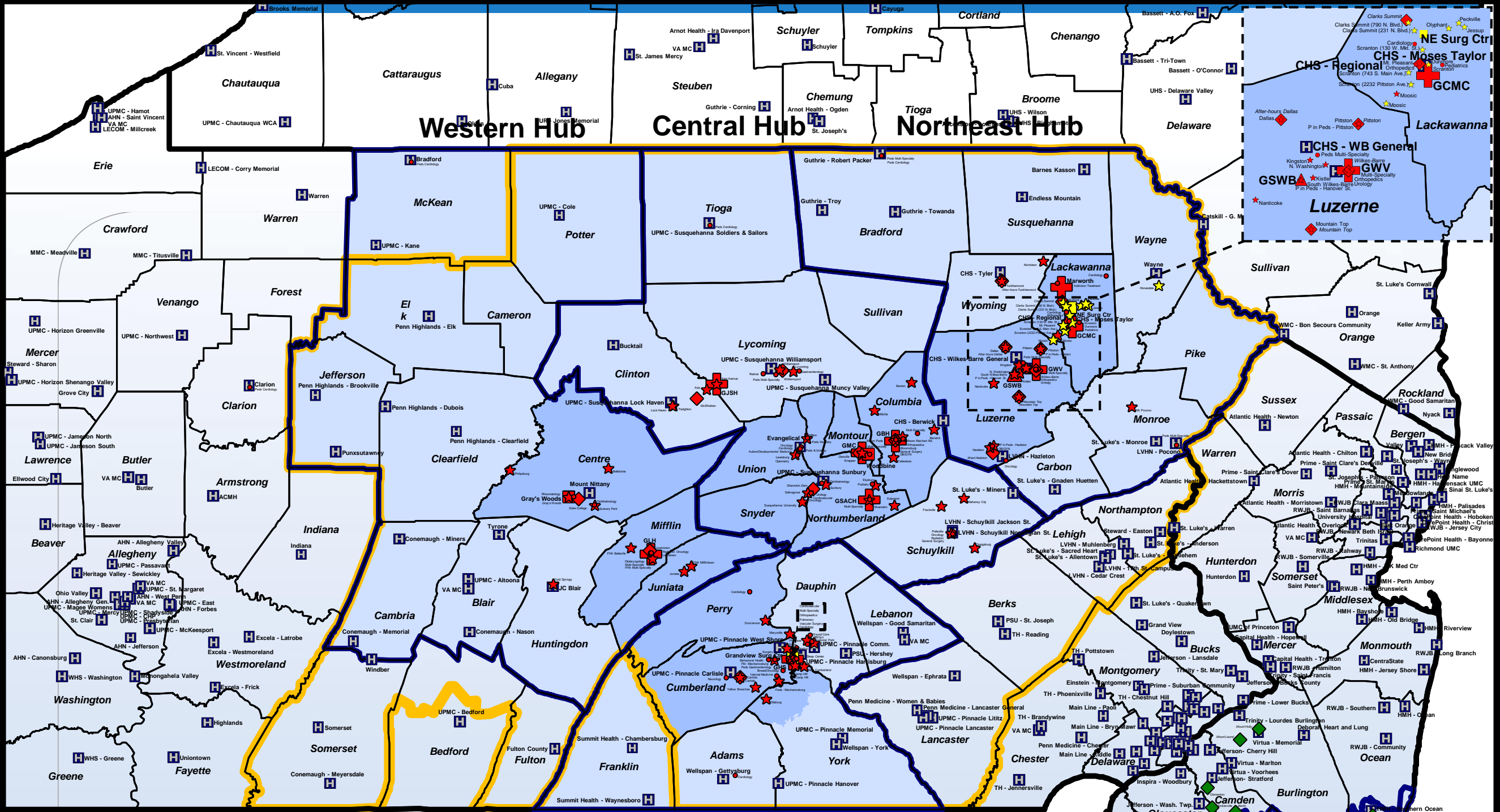
We provide quality, affordable healthcare coverage

- 578,000 members
- 55,000 contracted providers / facilities



We teach, research and innovate

- 523 MBS/MD students at GCSOM
- 48 GLH School of Nursing, 2,000+ other nursing students
- 505 residents/fellows
- 1,000+ active research projects

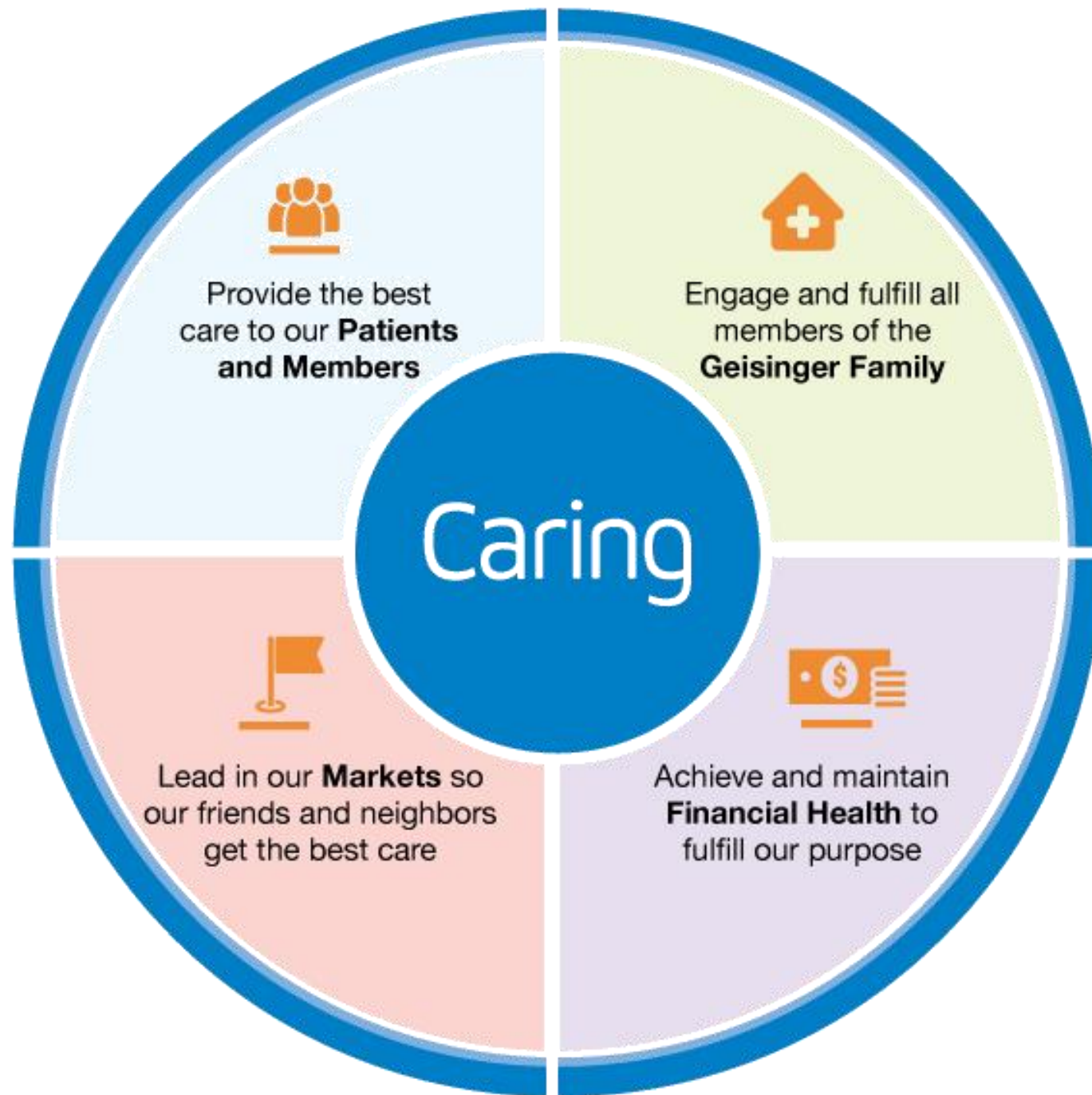


Geisinger Hub and Service Area Map

- Geisinger Inpatient Facility
- AtlantiCare Inpatient Facility
- Geisinger Ambulatory Surgery Center
- AtlantiCare Ambulatory Surgery Center
- Geisinger Ambulatory Campus
- AtlantiCare Ambulatory Campus
- Geisinger Urgent Care Clinic
- AtlantiCare Urgent Care Clinic
- Geisinger Primary Care Clinic
- AtlantiCare Primary Care Clinic
- Geisinger Specialty Clinic
- AtlantiCare Specialty Clinic
- Affiliated ASC
- Affiliated Primary Care Clinic
- Primary Service Area
- Secondary Service Area
- Hub Outline
- GHP Service Area
- Other Inpatient Facility
- US Interstates
- US Highways

Geisinger

Our strategy



Foundational elements

- Patient and Member Partnership
- Value & Affordability
- Accountability
- Integrated Delivery

Our values

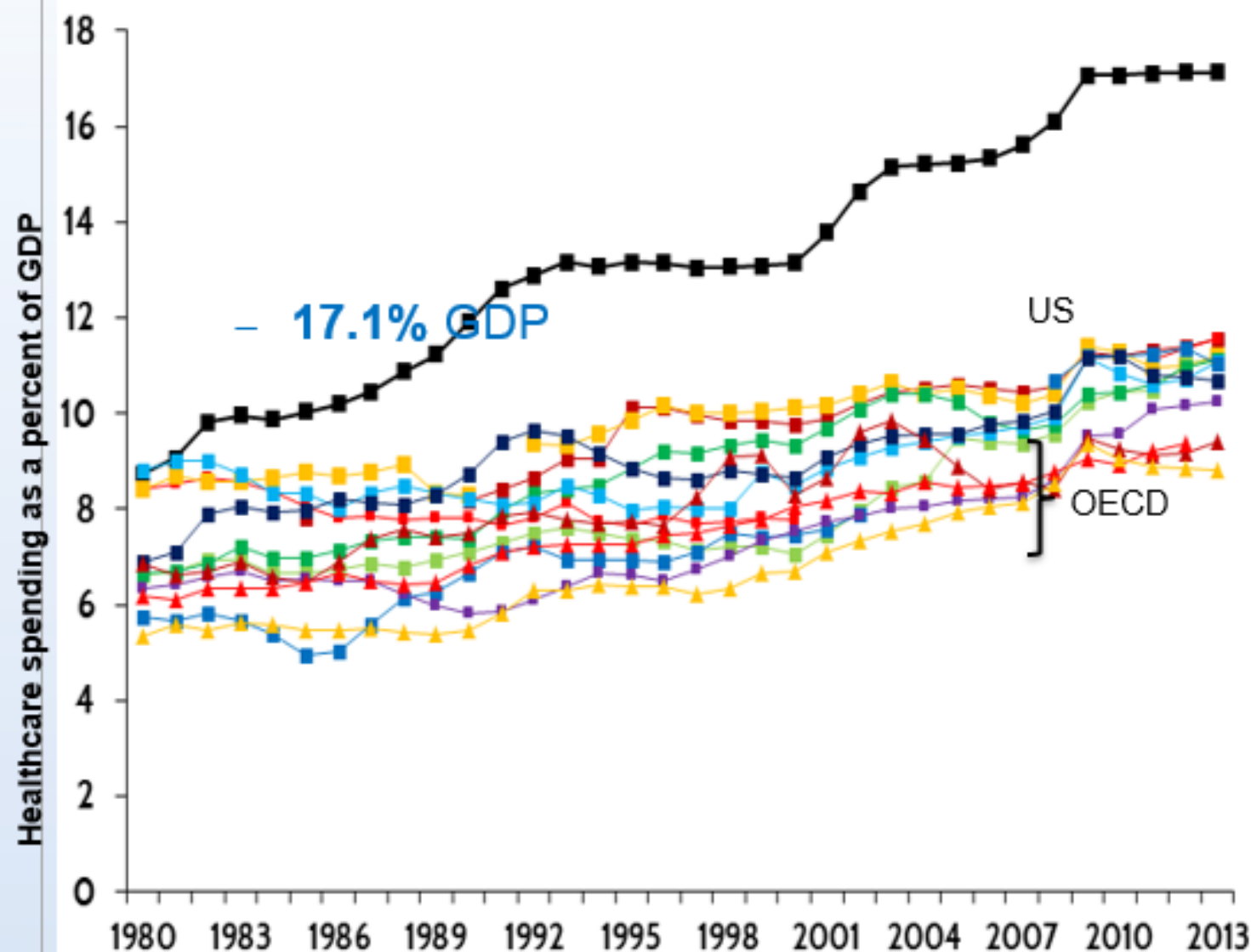
- Kindness
- Excellence
- Learning
- Innovation

Macro trends within healthcare continue to lead to pressure (and opportunity) to manage the cost of care better

U.S. healthcare spending is high...

**Total Dollars: U.S. \$9,086 vs
OECD Median \$3,661**

(spending per person)



...We test and treat more

- 2.1X more MRIs
- 1.8X more CTs
- 1.5X more prescription drugs

... But we have little to show for it

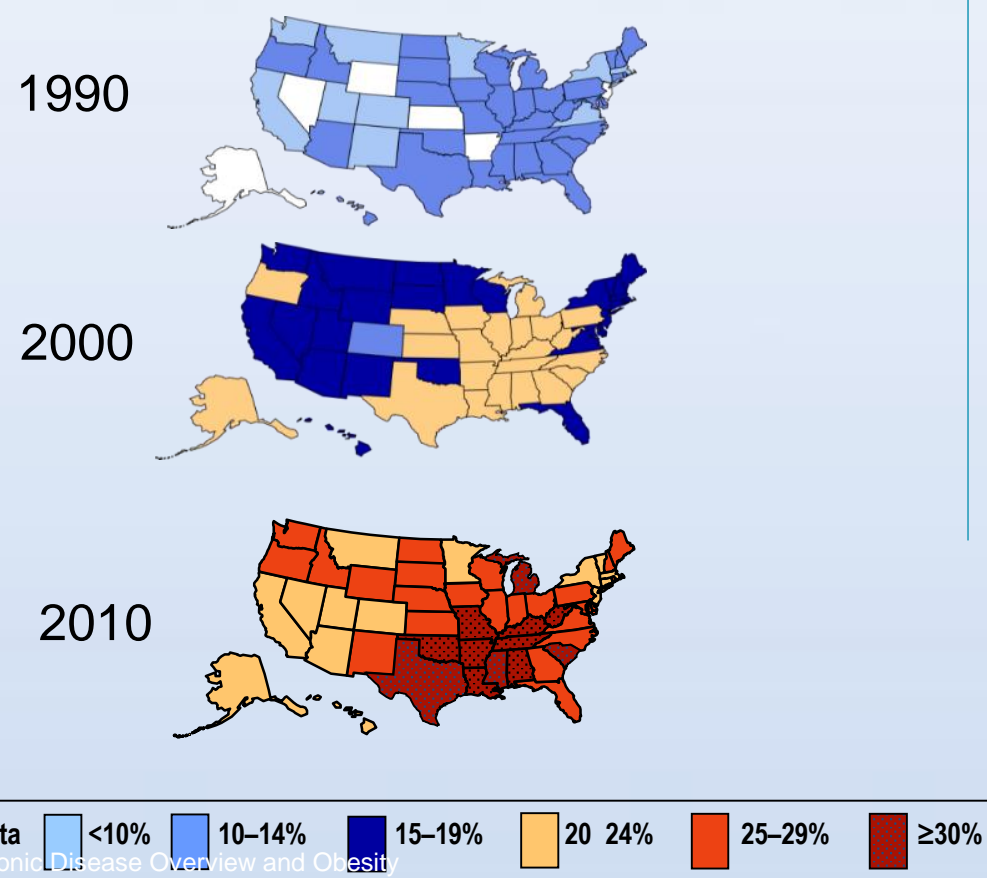
- Lowest life expectancy
- Highest obesity rate
- Highest % 65+ with 2+ chronic conditions

Source: *U.S. Health Care from a Global Perspective: Spending, Use of Services, Prices, and Health in 13 Countries*, The Commonwealth Fund, October 2015.

All the while, Americans continue to get sicker and chronic disease prevalence accelerates, placing even more importance on solving for different models of care

117 million Americans live with one or more chronic conditions

Obesity rates increase...



...and chronic diseases go unmanaged



50% of people with hypertension have uncontrolled blood pressure



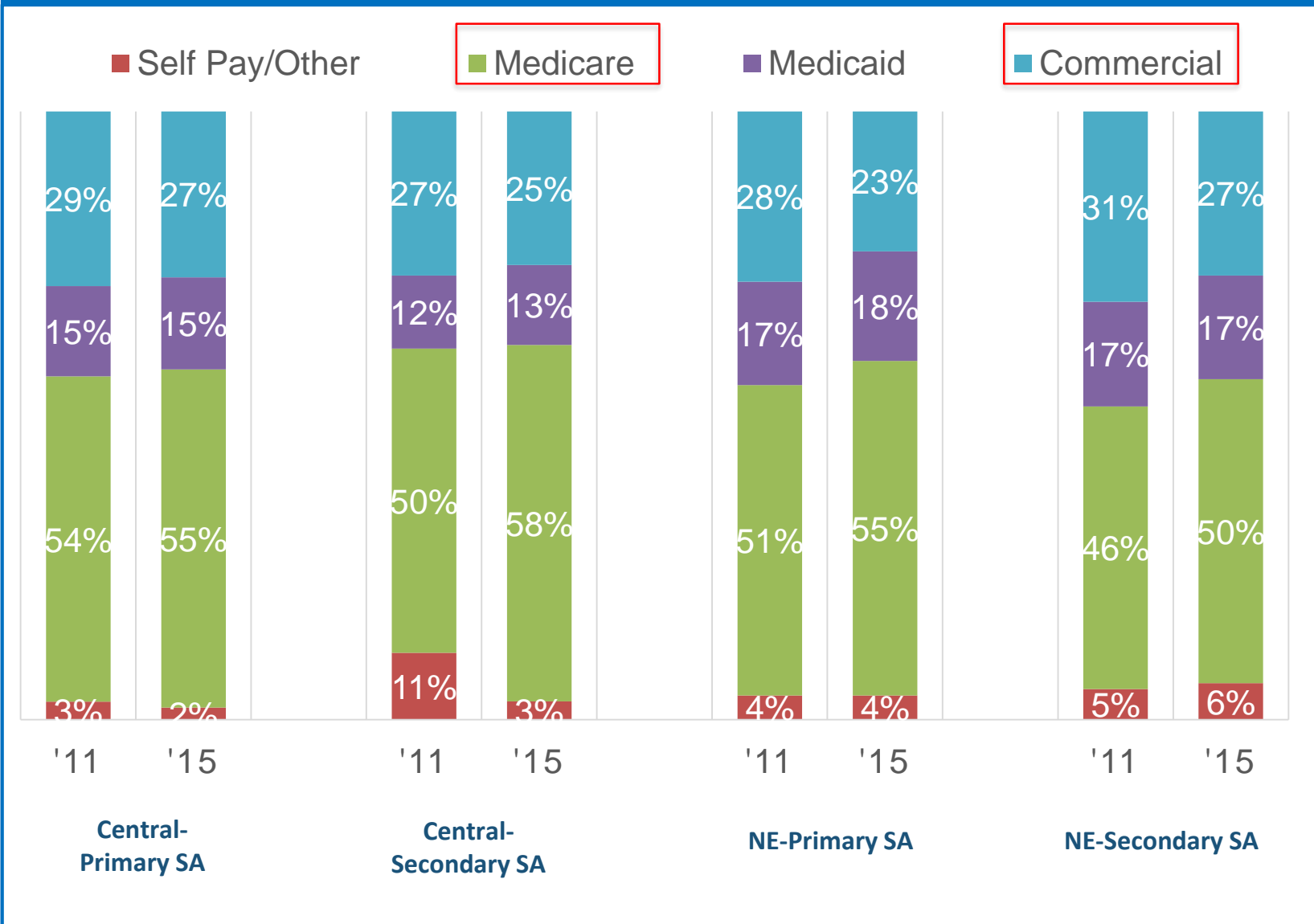
Over 80% of people with hyperlipidemia haven't attained cholesterol control



43% of people with diagnosed diabetes haven't achieved glycemic control

At the same time, growth in government programs has led to lower unit reimbursement and a drive toward value-based payment

Percentages of Geisinger patient discharges showed a steady increase in Medicare while commercial has declined

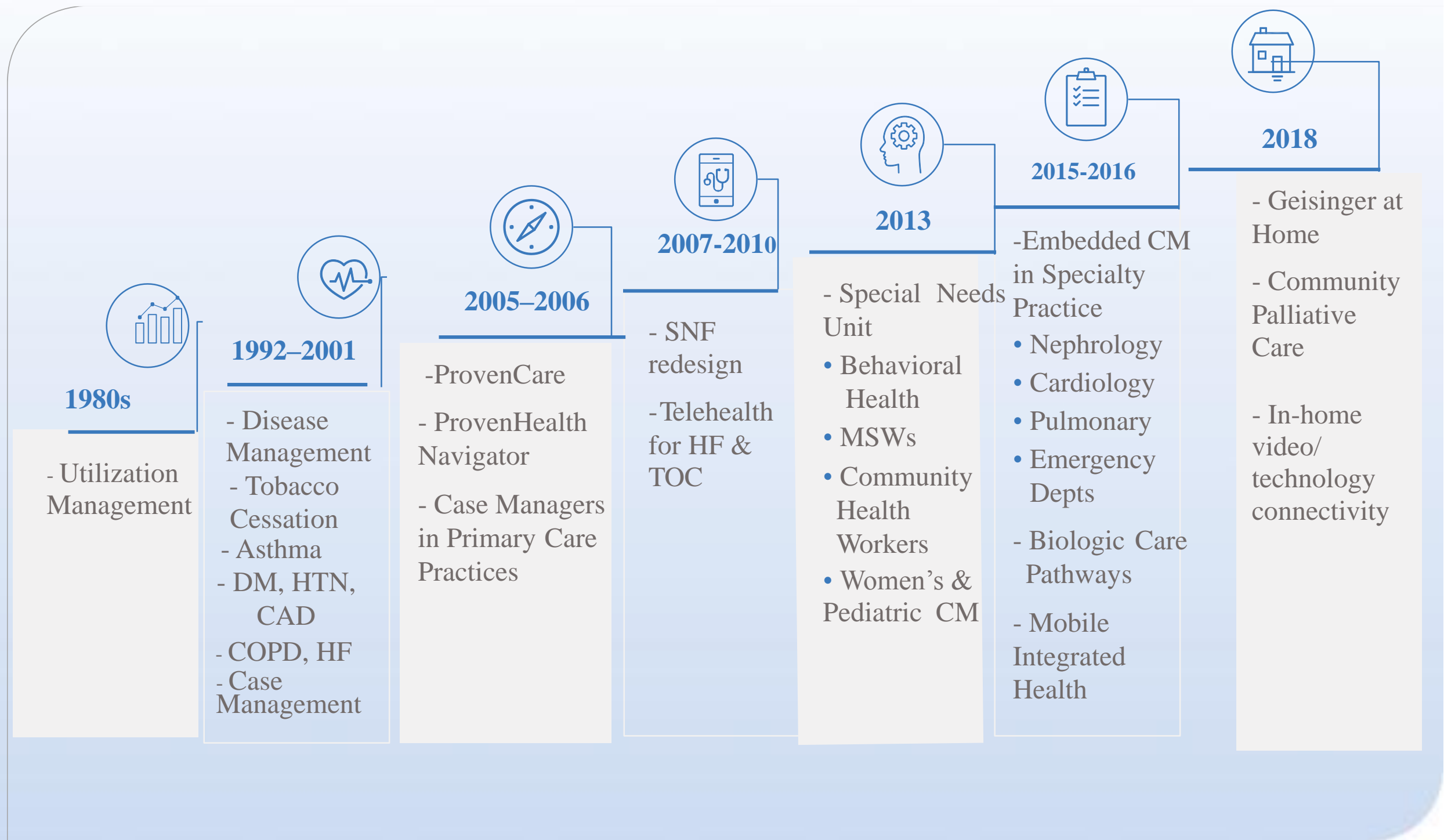


In order to drive value, we need to transform health-care capabilities away from hospital-based services



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How our model has developed around Population Health Management



PRIORITIES

Data & IT
Enablement

Care Redesign
& CC
Management

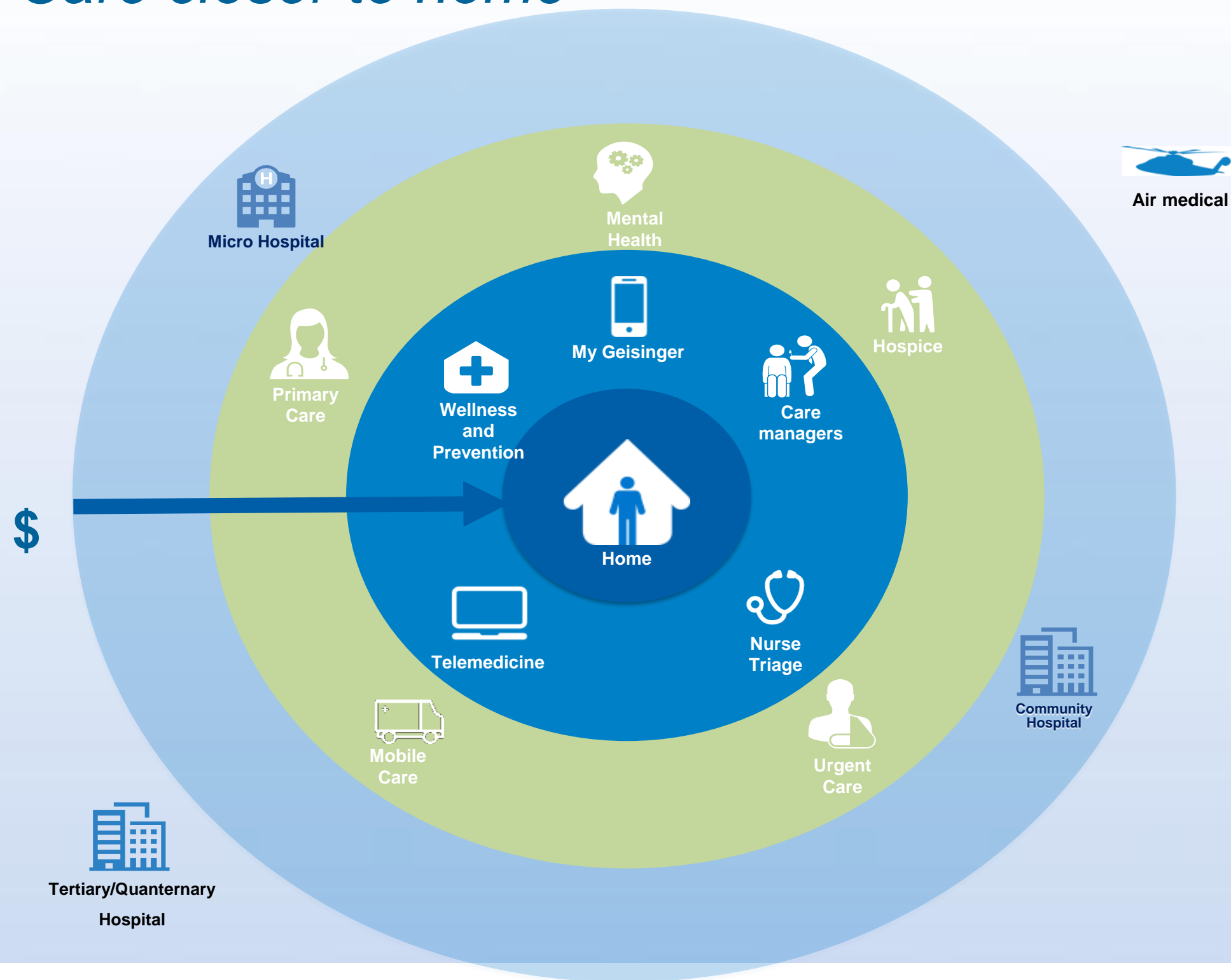
**Population
Health**

Transitions of
Care

Community
Based Care –
SDOH /
Behaviors

The solution

- *Care closer to home*



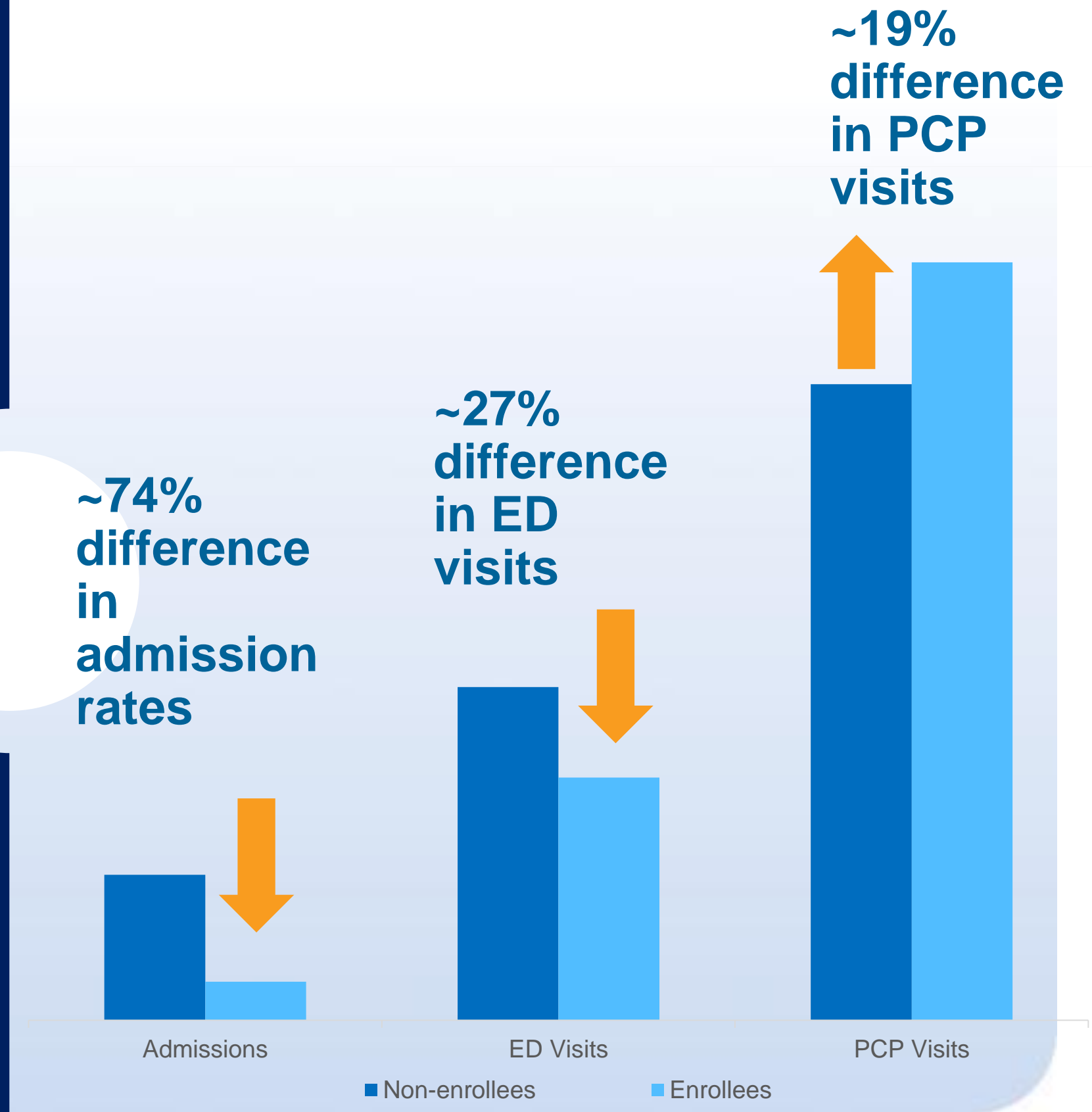


TOM, 56
STRONG, PA

FRESH FOOD FARMACY

"You're supposed to eat healthy, but you have to be able to afford eating healthy... all I could afford was canned ravioli or a Hungry Man meal to keep my belly full."

FOOD AS MEDICINE IS HAVING A REAL IMPACT





JEANETTE, 89 - JESSUP, PA

GEISINGER AT HOME

"Thank God for Christine and Dr. Wylie. They really helped me. They were my angels."

Creating a Care Model in our Communities

- *Supporting those with serious & significant health conditions*



Geisinger at Home

Longitudinal Medical Care

- Comprehensive assessment of disease burden
- Condition optimization & management
- Close coordination with PCP/SCPs

Integrated Social & BH

- Social determinants of health
- Behavioral health

Acute Care

- Mobile paramedics
- Case Management
- Home Health

Advanced Illness

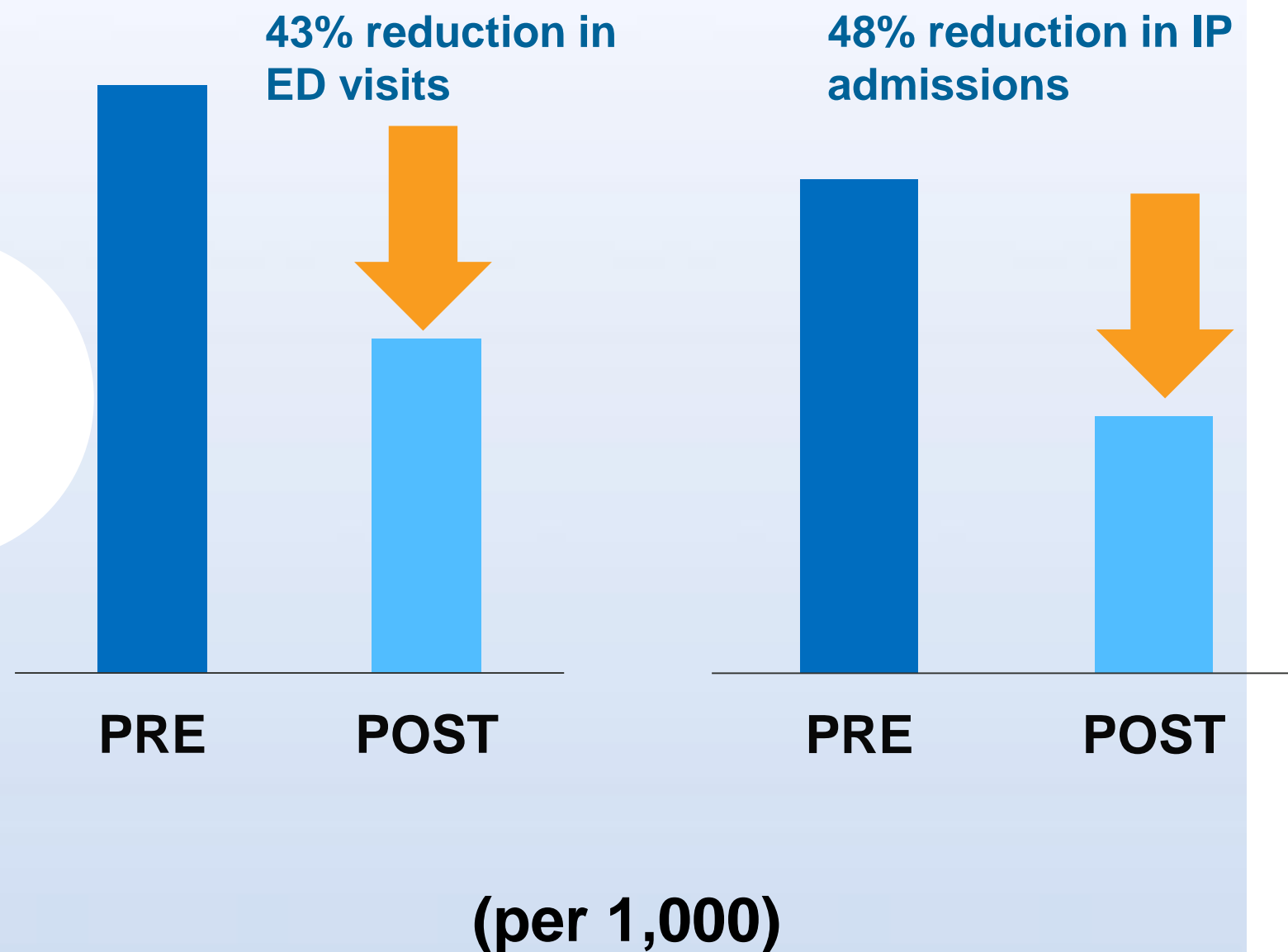
- Plan of care
- Symptom management
- Palliative care
- Timely transition to hospice

More satisfied patients

More coordinated care

Lower utilization

More than \$500 PMPM improvement



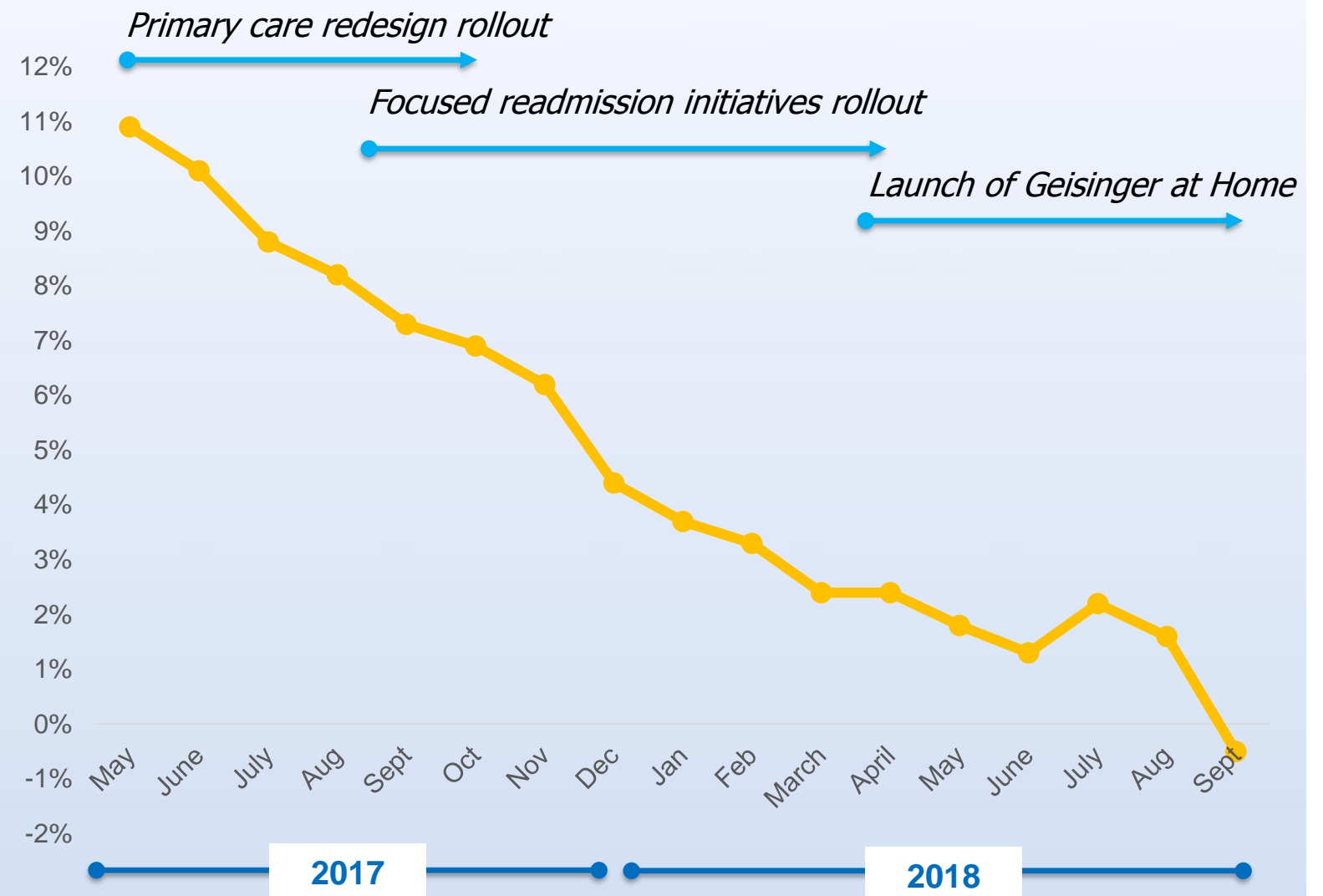


Primary Care Redesign

- **“Greater utilization of the full Care Team**
 - ✓ Increased care management support
 - ✓ Incorporation of behavioral health services
 - ✓ Implementation of nurse triage function
- **Focusing on Seniors**
 - ✓ 40 minute visits
 - ✓ Daily and weekly huddles
 - ✓ Care gaps readily available
 - ✓ Enhanced services in practice (i.e., IVs)

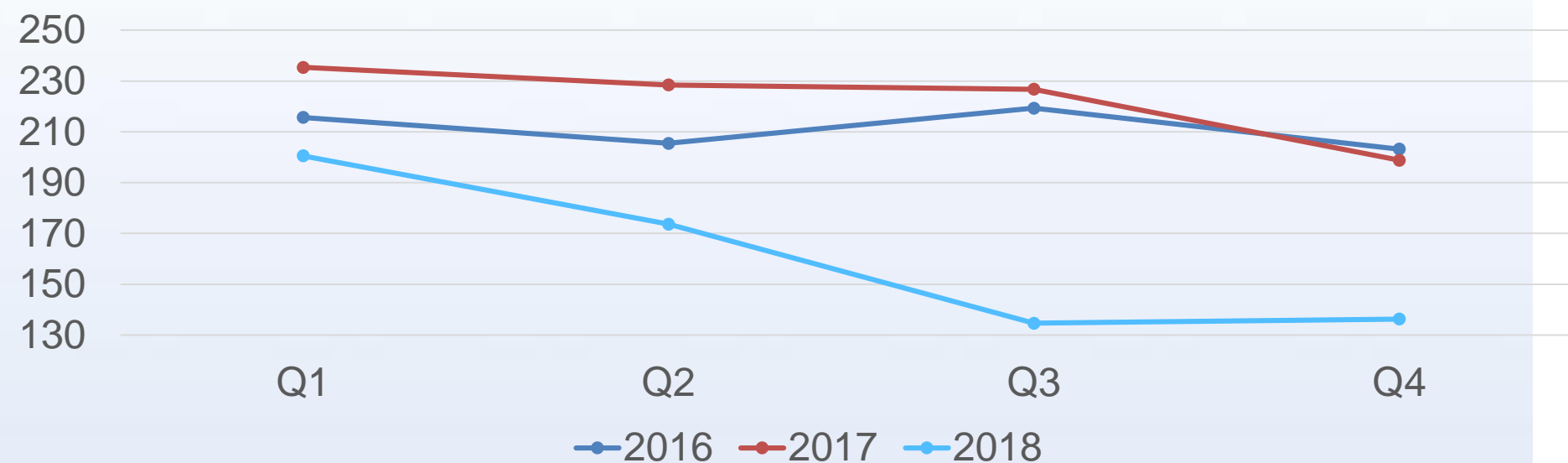
REVERSING MEDICARE ADVANTAGE INPATIENT TRENDS

MEDICARE ADVANTAGE AUTH/1000 TREND

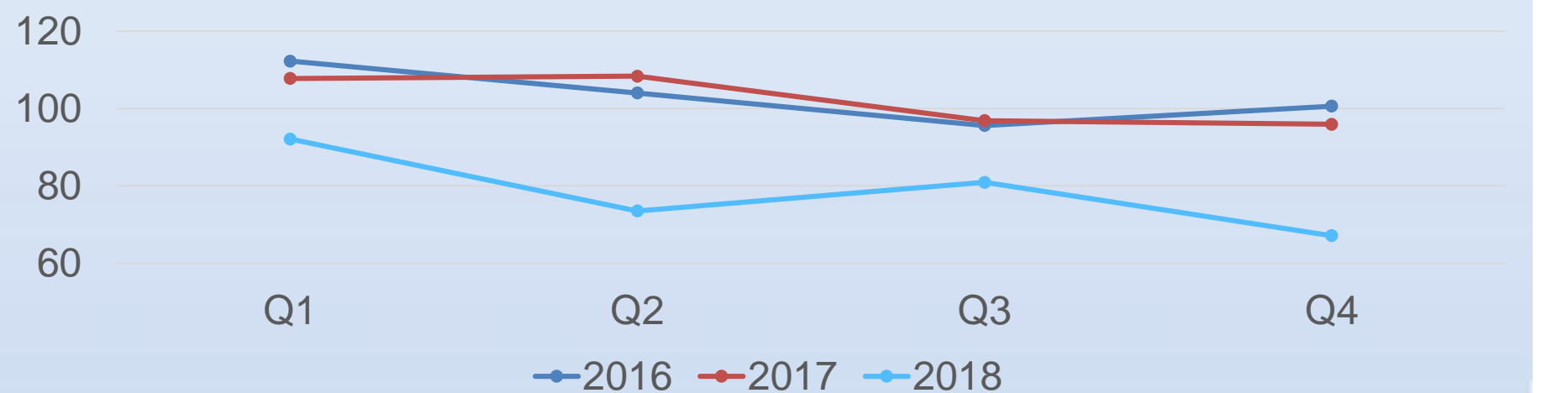


LOWERING READMISSION RATES

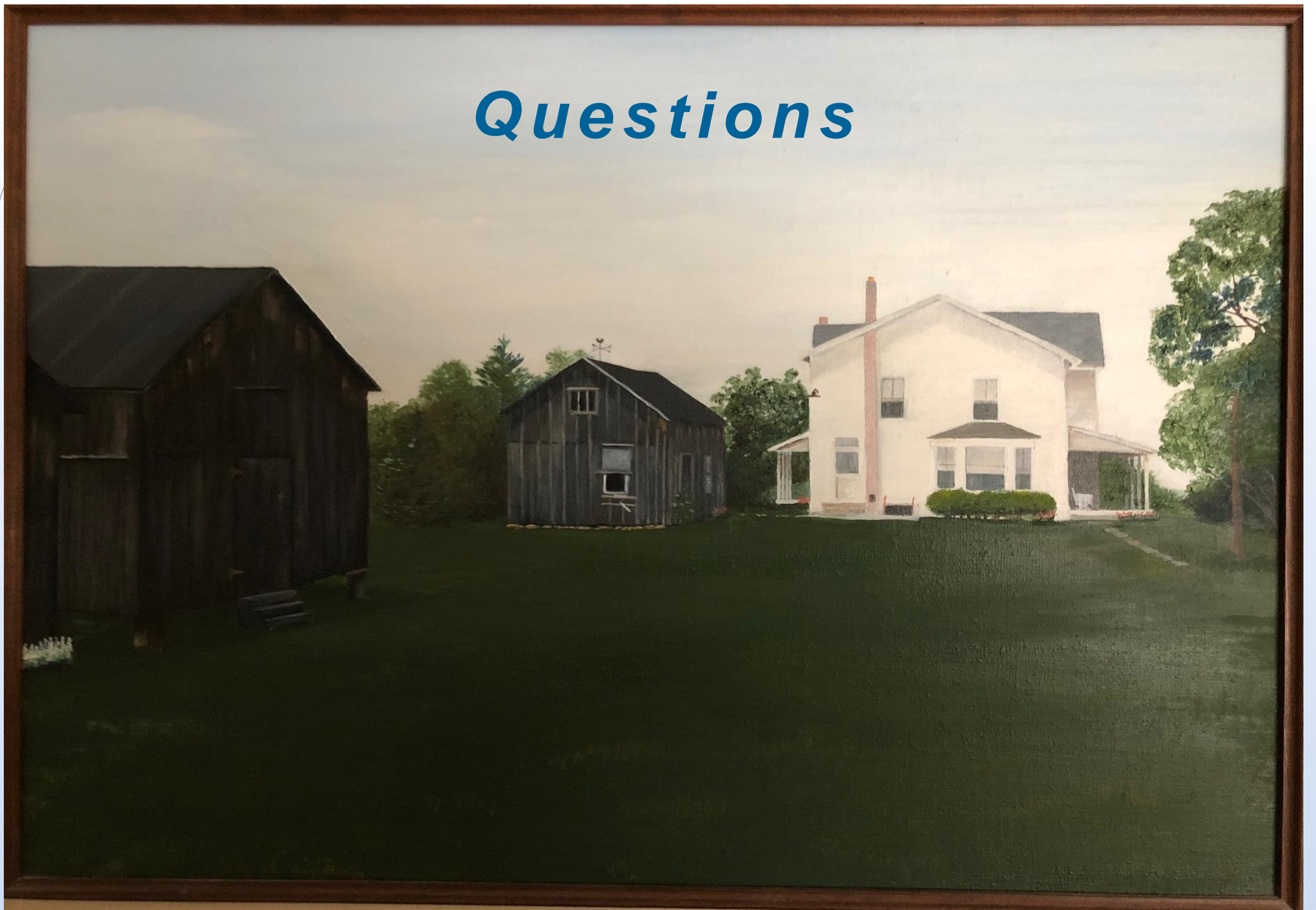
READMISSIONS / 1000 - HF



READMISSIONS / 1000 - COPD



Questions



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